

# Sensilift

## FREQUENTLY ASKED QUESTIONS

### How does the technology behind Sensilift actually work?

The proprietary, clinically-proven Dynamic RF™ technology in Sensilift combines clinically proven RF (Radio Frequency), commonly used by doctors, with advanced facial massage by two electrode fingers. It works by allowing multiple RF waves to reach deeper and more evenly through the skin layers, generating sub-cutaneous heat due to tissue resistance to the movement of electrons within the RF field. This heat both generates new collagen and remodels existing collagen, resulting in reduced wrinkles and improved skin elasticity.

### Which facial areas can I treat with Sensilift?

Sensilift is designed for use on crow's feet, forehead, cheeks, around your mouth, chin & jawline, décolletage and neck. Avoid treating the sensitive skin in the lower third of the neck and in the thyroid area. Sensilift can also be used to treat the back of your hands.

### Is Sensilift safe to use?

Yes, the Sensilift wrinkle-reduction device has been tested and approved by dermatologists and physicians to meet the FDA safety standards for home use. It is important to use the device only as instructed in the User Guide and Instructions for Use, paying particular attention to the contraindications, cautions and warnings listed there.

### Does it hurt to use Sensilift?

No. When used correctly, Sensilift creates a warm and relaxing sensation in the area being treated.

### When should I be able to see results with Sensilift?

Results may be visible from the first treatment. For long-lasting results, the treatment should be repeated as recommended in the Instructions for Use.

### Can men use Sensilift?

Yes, Sensilift is approved for use by men and women.

### How often should I repeat the treatment?

For long-lasting wrinkle reduction, use Sensilift once a week for 8 weeks, on each treatment area. Maintenance treatments every 4-8 weeks can help sustain long-term results.

### Do I need to do anything special before using Sensilift?

You must perform a preliminary test on a small patch of skin in the intended treatment area 48 hours before your first full treatment, according to the directions in the Instructions for Use. Before beginning each Sensilift treatment, make sure that your skin is dry, clean and free of creams and make up, and that the treatment fingers of the device are also clean, dry and intact. Do not use flammable liquids such as alcohol (including perfumes, sanitizers, or other applications containing alcohol) or acetone to clean the skin for at least one hour before using Sensilift, as this may cause burning of the skin.

### How should I perform the treatment?

Place the device on the skin, ensuring full contact during the entire treatment. After around 10 seconds, you should feel a warm sensation. Move the device over the treated area in a slow circular or back-and-forth motion, while maintaining constant firm contact with the skin.

### Is it necessary to use the "Base Gel"?

The Base Gel has been specially designed to work with Sensilift. By improving contact between the device and your skin, and thereby improving skin conductivity, it ensures the proper delivery of Dynamic RF energy. Using Sensilift without first applying the Base Gel is strictly prohibited as it will compromise both your safety and treatment efficacy. One tube of Base Gel contains more than enough to see you through a complete treatment protocol.

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### **Can I use Sensilift every day?**

The process of collagen production is slow and does not happen overnight. Studies that we have performed have shown that the best results are achieved when Sensilift is used once a week. As well as being effective, a weekly treatment protocol is easy to maintain.

### **What happens once I have completed the treatment protocol?**

The aging process of the skin is continuous and, though we can reduce its effects, it cannot be stopped altogether. To maintain long-lasting results, you can either start a maintenance protocol, repeating the treatment once every 4 weeks, or you can repeat the whole treatment protocol from start to finish.

### **Is Sensilift suitable for use on all skin types?**

Yes, Sensilift can be used on all skin types.

### **What is the recommended post-treatment care?**

After completing the treatment we recommend that you apply Sensica's Anti-aging cream (available at [www.sensica.com](http://www.sensica.com)) to enhance treatment efficacy and long-term results.

### **Who should not use Sensilift?**

Your safety is our priority. As with most personal use devices, there are restrictions as to who may use Sensilift. The category of people who should not use Sensilift includes, but is not limited to: under 18s; people with an active implant, such as a pacemaker or insulin pump; women who are pregnant or breast feeding; anyone with a damaged immune system or suffering from a blood clotting disorder.

A full list of contraindications and warnings regarding who can use Sensilift can be found in the Instructions for Use – please read it carefully. If you have any concerns, please consult your physician before using Sensilift.

### **I am having trouble turning on my Sensilift – what am I doing wrong?**

The buttons on the device are designed to be sensitive to touch – you need only tap on them lightly to turn on the device. Pressing too hard will not work.

### **When I use my Sensilift, I feel the heat come and go – is that what's meant to happen?**

Yes, Sensilift has a built-in thermostat to prevent overheating. Once it reaches the maximum temperature level, you will feel the device cool down and then gradually reheat to the correct temperature.